

### Chembur Education Society's Chembur Sarvankash ShikshanShastra Mahavidyalaya R.C. Marg, Chembur Naka, Chembur- 400071

Date: 24 01 2025

Programme: Say no to drugs "

Report of the programme :-( If required attach additional sheets)

On 24th January a program on say no to drugs was organized in the conference room. The workshop was conducted by Mrs. Radníka Padmanabhan who pursued Misc chemismy from II.T Madras with distinction (Gold Medalist) and also completed Bied Moreover, she was also awarded as best teacher. Later on she became a member of notrany club of Thank Horizon later she started spreading awareness about drugs in different schools & colleges.

The program started with a great video where it shows the future of an individual who ar constantly engaged in drugs. The workshop armed to provide a dept knowledge on how individuals are additted howards dougs. the reason behind their addition and now the environment and fermily influence a person to be addicted towards drigs.

Mohanapnya

Name & Signature of Rapporteur Name & Signature of Teacher

Chembur Sarvankash Shikshanshastra Mahavidyalaya

R.C. Many, Chembur, Mumbai - 400 071.

Later the program went interesting when she employed in on each drugs in detail, how they are pronounced in local longuage like drugs are named as carry, chilly pillet the also made us aware about various sign & material which are often found or observed in a drug addict individual.

We were also made aware about drugs which immediately spikes up an individual and how it can easily transferred in one is druke and how to stry from each those individual.

Later on, how drugs rehabilitation programs how it works, and the facilities provided by them for an individual to move out from drugs not temporarily but permanently by giving a live example of Sanjay dutt (a bollywood acros)

Thus, This program made us awares about various drigs which are quite spread among young aged individual, and how one can safeguous oneself. It has a flatine trainers we came to know about various materials and symmoms through which It would be easy for us to figure out. So, awareness about drugs is not wrong but consuming it is hazardous.



# MRS. RADHIKA PADMANABHAN -PROFILE



D.O.B: 10.8.1967

Academic background

- M.Sc Chemistry from Indian Institute of Technology (I.I.T, Madras, 1987-89 with distinction
- B.Sc Chemistry from Madras University . 1984-87, with distinction (gold medalist)
- B.Ed (University of Mumbai) in April 2010 with a high first class

Experience

- Worked as lecturer in Department of Chemistry in colleges and coaching classes
- Worked as Head of Departments Chemistry and Environmental Science - in Pawar Public School, Bhandup (ICSE) as the Head of the Department of Chemistry.(2010 – 2021)

Academic Achievements

- Passed the GATE examination in the year 1989 with a percentile score of 99.7
  - Passed the UGC CSIR Joint Research Fellowship examination in the year 1989 with a merit rank
- Gold medallist in B.Sc Chemistry (1987) in University of Madras

Hobbies and Interests:

Quizzing, Reading, Writing articles and poems, engaging in eco activities, cooking, watching cricket and tennis, listening to music, singing



### Achievements as teacher:

 I have evaluated the ICSE Chemistry Board Papers for Grade10 and have conducted cell meetings (For training teachers) in Mumbai for Chemistry in 2017, 2018 and 2019.

### CSR and green activities:

- I have set up the Interact Club in the school and have arranged many activities like helping poor students with stationery and bags, arranging for talks by eminent speakers, organizing donation camps etc
- Also helped the school bag the coveted 'Best School' Award instituted by Tata Power
- Set up vermicomposting, vertical garden and butterfly garden in the school premises successfully

#### Quiz activities:

- As a teacher, I was incharge for the school Quiz Club for many years. I have mentored students to participated and win prizes in many Quizzes. In 2019, a team of two students, under my guidance, reached the National finals (at Hyderabad) in the All India ICSE schools General Knowledge Quiz.
- I have organised quiz competitions in the school and have been the quiz master in many such quizzes. These were very well received by students and other colleagues.
- I have taken part and won prizes in quiz competitions organised by the Rotary Club.
- I have served as a quizmaster in the Jodhpur, Surat and Navi Mumbai, Kochi and Bangalore editions of the prestigious nationwide Interschool 'Saevus Quiz' based on wildlife and ecology.

### Activities through Rotary:

 I have been involved in Rotary as an Ann since 1997 but have been actively involved only during the last 2 years. I have been associated with the Rotary Club of Thane Hills

I am now a member of Rotary Club of Thane Horizon. I am involved in environmental projects, awareness talks, quizzes - mostly associated with educational institutions.

### Awards received:

 Guru Dronacharya 'Award (Best Teacher Awards given away by honourable Member of Parliament Dr. Kirit Somaiya in September 2018



### Chembur Education Society's

Telephone No. : College : 022 - 2522 14 39

022 - 2527 82 25

Institution : 022 - 2528 87 52

022 - 2528 87 42 E-mail : principal@cssm.in Website : www.cssm.in

# Chembur Sarvankash Shikshanshastra Mahavidyalaya

(Affiliated to University of Mumbai, Recognised by N.C.T.E.)

# Reaccredited 'A' by NAAC

R. C. Marg, Near Municipal Market, Chembur Naka, Chembur, Mumbai - 400 071.

Ref. No.: CSSM /

0/0

Date: 24/01/2025

Dear Madam Radhika Padmanabhan,

This is to express our sincere gratitude for your invaluable contribution as a resource person at 'Say No to Drugs' workshop. Your presentation was not only informative but also deeply impactful, leaving a lasting impression on all attendees.

Your expertise and passion for the subject matter were evident, and you presented the information in a way that was both engaging and easy to understand. The student teachers were captivated by your insights into the dangers of drug abuse and the importance of making healthy choices. Your words resonated with many, and I believe your message will have a positive influence on their lives.

We truly appreciate you taking the time to share your knowledge and experience with us. Your dedication to raising awareness about this critical issue is commendable, and we were honoured to have had you today.

Thank you again to you and to the Rotary club of Thane Horizon for the commitment to creating a drug-free community. We hope to have the opportunity to collaborate with you again in the future.

Sincerely,

Ms. Smita Ganatra

Facilitator

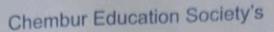
Mumbai 400 071.

Dr. Chandrashekhar Chakradeo Principal

Principal
Chembur Sarvankash Shikshanshastra
Mahavidyalaya
R.C. Main, Chembur, Mumbai - 400 071.

Radneta Padmanalahan

24 11 | 2025





# Chembur Sarvankash Shikshanshastra Mahavidyalaya

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College: 022 - 2522 14 39

Telephone No. :

Website : www.cssm.in

# Reaccredited 'A' by NAAC

R. C. Marg, Near Municipal Market, Chembur Naka, Chembur, Mumbai - 400 071.

Ref. No.: CSSM / Date: 28 01 2025

# Notice (F Y B.Ed.English and Marathi Medium)

All the F.Y.B. Ed students are hereby informed that a workshop on 'Say no to Drugs' is being organised in the conference room on the second floor on 24th January, 2025 at 2.00pm sharp. Mrs. Radhika Padmanabhan from Rotary Club of Thane Horizon is the resource person from the same. Mrs. Radhika Padmanabhan, has an illustrious academic record with a gold medal from Madras University and PG (M. Sc.) from IIT Madras. The Rotary club she represents aims to create awareness in the students about the adverse effects of drugs and to create a drug free society, through the presentation.

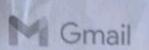
Please come prepared with all your doubts on the topic and an open mind to learn how to deal with the problem of drug addiction in the schools.

Ms. Smita Ganatra Facilitator



Dr. Chandrashekhar Chakradeo Principal

Principal
Chembur Sarvankash Shikshanshastra
Mahavidyalaya
R.C. Marg, Chembur, Mumbal - 400 071:



Smita Ganatra < ganatrasmita@gasil.com

### guest lecture - Say NO to Drugs

4 messages

Radhika Padmanabhan <padmanabhanradhika@gmail.com>

To: principal@cssm.in

Cc: ganatrasmita@gmail.com

Sun, Jan 19, 2025 at 9:29 PM

Dear Principal.

Greetings from the Rotary Club of Thane Horizon!

As per my continued communication with Ms.Smita Ganatra, I have been invited to your institution, Chembur Comprehensive College of Education and Research to conduct an awareness session for your students. The topic of the session would be 'Say NO to Drugs'.

The workshop would be conducted on 24th Jan 2025 (Friday) at 2pm.

The aim of our Rotary Club is to create awareness in the students about the adverse effects of drugs and to create a drug free society, through the presentation.

We tank you for the invite and promise that the students would benefit immensely.

My request to you would be that a room with a projector facility and a laptop be arranged.

My profile is attached herewith.

Thank you once again.

Regards, Rtn.Radhika Padmanabhan RC Thane Horizon Director - Projects



Radhika - Profile - for Rotary.docx 64K

Smita Ganatra <ganatrasmita@gmail.com>

To: Radhika Padmanabhan <padmanabhanradhika@gmail.com>

Cc: principal@cssm.in

Sun, Jan 19, 2025 at 9:47 PM

Dear Radhika Madam,

Thank you for the mail. We are very happy to have you on 24th January for the session on drug awareness.

Thanking you and looking forward to meet you in person,

I remain,

Yours sincerely,

Smita Ganatra

(Quoted text hidden)

Radhika Padmanabhan <padmanabhanradhika@gmail.com>

To: Smita Ganatra <ganatrasmita@gmail.com>

Cc: principal@cssm.in

Thank you and see you soon!

Regards

Radhika Padmanabhan

[Quoted text hidden]

Smita Ganatra <ganatrasmita@gmail.com>

To: chandrashekher chakradeo <cachakradeo@gmail.com>

Mon, Jan 20, 2025 at 3:41 PM

Sun, Jan 19, 2025 at 11:06 PM

[Quoted text hidden]



Chembur Education Society's

## Chembur Sarvankash Shikshanshastra Mahavidyalaya R. C. Marg, Chembur Naka, Chembur-400 071.

B.Ed.

Programme: Workshop on 'Say no to Drugs'

Resource Person: Mrs. Radhika Padmanabhan

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	Nida Shaikh.	MSK.
	Seema Suwasiya.	Seema
	Sulakshana Naidu	Hoidy.

Teacher Incharge

**Resource Person** 

Dr. C. A. Chakradeo

Principal

Chembur Sarvankash Shikshanshastra Mahavidyalaya R.C. Mang, Chembur, Mumbai - 400 07.1.

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Sr. No	Name	Signature \
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53	Shaileh Rehmana	Lamon.
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55	Shreya singh	MARIE
56	Vaishnavi Kank	Kaule
57	Tabassum Bano Mohd Arif	Ofarin.
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Resource Person

Dr. C. A. Chakradeo

Pr Prticipal
Chembur Sarvankash Shikshanakastra
Mahavidyalaya
R.C. Mang, Chembur, Mumbal - 400 071.

### Say no to drugs: Glimpses of the programme





Principal with the guest Madam Padmanabhan... humbled by the simplicity

