



चेंबूर एज्युकेशन सोसायटीचे

चेंबूर सर्वकष शिक्षणशास्त्र महाविद्यालय
{ मुंबई विद्यापीठ संलग्नित व एन.सी.टी.इ. मान्यताप्राप्त }

दूरध्वनी क्रमांक :

महाविद्यालय : ०२२ - २५२२ १४ ३९

: ०२२ - २५२७ ८२ २५

०२२ - २५२७ २१ ६२

संस्था : ०२२ - २५२८ ८७ ५२

०२२ - २५२८ ८७ ४२

E-mail : principal@cssm.in

Website : www.cssm.in

Reaccredited 'A' by NAAC

स्वामी विवेकानंद चौक, (चेंबूर नाका), रामकृष्ण चेंबूरकर मार्ग, चेंबूर, मुंबई - ४०० ०७१.

संदर्भ क्र.: सी एस एस एम /

दिनांक :

Best practice 1: UN for US: 'Sustainable Development Goals in Education'

Title of the practice: UN for US: Sustainable development goals in Education

The context that required the institution of the practice:

Many of the global education projects or issues taken up at the global level by NGO's or by UN are required to be brought into the mainstream education. Educating people about them is the best proven way of achieving the desired change. CSSM decided to take up the Sustainable Development Goals also known as global goals (2015) as given by United Nations as the theme to be pursued in this academic year. We decided to be proactive and play our role in educating the student teachers as well as school students (our stakeholders) about the essence of SDG's.

The 17 Sustainable Development Goals (SDGs) aim to transform our world. They are a call to action oriented to end poverty and inequality, protect the planet, and ensure that all people enjoy health, justice and prosperity. These goals provide a shared blueprint for peace and prosperity for people and the planet, to be achieved by 2030.

The academic year being online due to Covid, we achieved the intended objectives through online mode.

Objectives of the practice:

1. To acquaint the students about the need for SDG's
2. To familiarise the student teachers with 17 global goals given by United nations Organisation
3. To equip the students with skills to create awareness about SDG's in the practice teaching schools and be a change agent.

The practice:

- The activity was conducted in true spirit by inviting a guest speaker to inaugurate the workshop on the theme. Hon. Dr. Deore, Professor from SNTD University, Mumbai graciously agreed to be the chief guest at the inaugural function.
- After the guest talk, Faculty members further elaborated on the theme and introduced all the 17 goals to both the mediums.
- Student teachers were told about the two approaches i.e. direct approach and plug in approach to be used to give lessons in the practice teaching schools.



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संदर्भ क्र.: सी एस एस एम /

दिनांक :

- A workshop was conducted to design the lesson plans to be executed in the practice teaching schools. Sample lesson plan was shown and students actually conducted the lessons in practice teaching schools.

Obstacles faced if any and strategies adopted to overcome them.

The major challenge was to execute the lessons in actual practice teaching schools, however, as the schools started in offline mode, there was no problem in implementation.

Impact of the practice

Students were enriched. The functioning of the UN, the importance of SDG's, the progress and ranking of India in attaining the objectives set by the UN etc. was something the students could explore more.

Each student conducted two lessons during the practice teaching programme on the theme. The objective of bringing in awareness was attained.

Resources required:

No physical resources were required. Everything was handled available in house.'

About the institution

- Name of the Institution: C. S. S. Mahavidyalaya, Chembur
- Year of Accreditation: December 2016
- Address: R. C. Marg, Chembur, Mumbai 400071.
- Grade awarded by NAAC: A
- E-Mail: principal@cssm.in

Principal

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संदर्भ क्र.: सी एस एस एम /

दिनांक :

Best practice 2: 'EmPowHer: Fostering Women's Progress and wellbeing'

Title of the practice: 'EmPowHer: Fostering Women's Progress and wellbeing'

The context that required the institution of the practice:

Fostering women's progress and well-being is a crucial aspect of achieving gender equality and sustainable development. We being a teacher training college, always see a majority of female students taking admission for the course. Majority of our Curricular as well as co-curricular programs are planned keeping the needs of this group in mind. While we work towards breaking the stereotypes of teaching profession by educating them, this year we brainstormed about making the most use of the online mode of teaching due to Covid. We saw it as an opportunity to reach out the families of the student teachers as they were attending the sessions from home. We brainstormed on the topics that we can handle through online mode and the topics that would be useful to the women in general and even contribute to environment. Noble intentions always strengthen your actions, many ideas were generated and we zeroed down on two themes. One, 'Sustainable Menstruation Practices' and the other being, 'Awareness about Cyber bullying.' Both the concepts were very close to the issues faced by women. As far as sustainable menstruation practices are concerned, we all are familiar with the problem of waste generated by the use of Pads. They take a lot time to degrade, and getting rid of them in an environment friendly manner is expensive which a country like ours can't afford. Using menstrual cup is a better option which many of us are not aware of. Awareness about Cyber bullying was chosen to as to help the women to use the digital mode responsibly.

Objectives of the practice:

1. To acquaint the students with the problems of waste generated due to use of menstrual pads.
2. To familiarize the students with the environment friendly alternative of menstrual cup.
3. To demonstrate the use of menstrual cup and to motivate the students and their families to accept lifestyle changes.
4. To acquaint the students with the threats of using internet.
5. To introduce the students, the cyber laws and steps to be taken in case of cyber bullying.
6. To use digital media responsibly.



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संदर्भ क्र.: सी एस एस एम /

दिनांक :

The practice:

Once the topics were streamlined, it was clear that we needed experts in the area to give the talk. We went to our Alumni association and found out that our past student, Prof. Aditi Madhavan and Prof. Meenakshi Ingole were working in the same area of women's hygiene and cyber security respectively. Once we got this data, rest of the things was fast and easy. 21st October and 27th November 2021 were the dates finalised in consultation with both the speakers. The canvassing for the same was done during one of the online sessions. Students were asked to attend the sessions along with the female family members.

The talks were very systematically planned along with the power point slides explaining the content in detail with diagrams and videos and it was made super easy to understand. Both the resource persons showed very high commitment and did complete justice to the time given to them.

Obstacles faced if any and strategies adopted to overcome them:

Online mode was proving to be an obstacle as too much time had elapsed indoor for everyone. The mood of despair, having nothing new to do was the general climate of those days. Having the topics that were close to everyone's heart proved to be a breath of fresh air in those days. So, appropriate selection of the topic to reach out to the women students and the families itself helped to overcome the obstacle in the form of disinterestedness and online mode.

Impact of the practice:

Students learned something new, something that would be useful to them and their families throughout the life. Many students mentioned that their family members also highly appreciated the lectures and felt more literate after the lectures.

Resources required:

Experts in the subject was the main resource which came through our own Alumni Association.

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